

sessions at a glance

identity & purpose

UNIT 1: in the beginning

	Question	Answer	Scripture
1	Who am I and why am I here?	Since God is the Creator and I am his creation, the only way to understand my identity and purpose is to live in dependence upon him.	Ps. 139:1–18; Eph. 1:3–6; Ps. 104; Ps. 136:1–9
2	Why is knowing who God is so important to my identity and purpose?	Because knowing that God is our good, wise, all-powerful Creator assures me that I am not here by chance and that I have value.	Genesis 1
3	Do I have worth and value?	I am a person of great worth because God created me in his own image, after his likeness.	Genesis 1:1–2:1–9
4	What role did God give his image-bearers?	God made people to glorify him by wisely managing, developing, and caring for his creation.	Gen. 1:26–31; Ps. 8; 1 Cor. 10:31; Rev. 4:11

UNIT 2: living with purpose

5	Who, me—work?	Yes, God intended work to be a blessing and privilege for people.	Genesis 1:28; 2:1–22; selected passages
6	Is marriage still relevant?	Yes, God designed marriage for our good and his glory.	Gen. 1:27–28; 2:18–25; Matt 19:3–6; 1 Cor. 10:31; Eph. 5:31–32
7	Sex only within marriage—is that realistic?	Yes, sex is a God-created gift for marriage and is intended to glorify him.	Gen. 1:27; 2:24–25; Heb. 13:4; Ex. 20:14; Matt. 5:27–30; 1 Cor. 6:12–20; Prov. 5:1–14
8	Why set aside one day?	God created the Sabbath for rest and worship, which points us to the ultimate redemption of creation.	Gen. 2:1–3; Ex. 20:1–2, 8–11; Heb. 3:16–4:4, 8–10; Matt. 11:28–29

UNIT 3: matter of life and death

9	What does the Garden of Eden have to do with us?	It teaches us about God's good and generous character and our place in the story he created for us.	Genesis 1:28–31; 2:8–17; Revelation 22:1–3, 14
10	Bait and switch?	As God's and our enemy, Satan uses doubt, deception, and lies to entice us to distrust and disobey God.	Gen. 3:1–6; Rev. 12:9, 20:2; John 8:44; James 1:13–15; Matt. 4:1–11; Eph. 6:10–18; 1 John 1:9; Heb. 4:15–16; 1 Cor. 10:13
11	What is the true source of the brokenness around us?	The rebellion of Adam and Eve resulted in spiritual and physical death for everyone—alienation from God, from each other, and from creation.	Genesis 3:1–19

UNIT 4: God's word of hope

12	Is there hope?	Yes, God promised and sent a Deliverer who defeated Satan, sin, and death.	Genesis 3:8–19; Ephesians 6:10–12; selected passages
13	Will things ever get better?	God promises that our struggles with sin, suffering, and death will end when all of creation is restored in the new heaven and earth.	Genesis 3:20–24; selected passages